

Information for You from Your Health Care Team

Preparation for Endoscopic Esophageal Ultrasound with Possible Fine Needle Aspiration

Your esophageal ultrasound is scheduled for _____ at _____.

Sign in at patient registration on the first floor of Upstate Medical University Hospital at _____.

Instructions

1. **Do not eat** after midnight before the procedure. May have clear liquids until two hours prior to arrival _____. Check with your physician regarding your medications.
2. **You must have someone accompany you home after you are discharged** because of the sedation given to you during the examination. **If you come without someone, your test will not be done.**
3. **STOP** Aspirin and all NSAIDS (Motrin®, Excedrin®, Advil®, Celebrex®, etc). If you are unsure about a medication, please call us at (315) 464-5728.)
4. **Notify us Immediately** if you are taking any “blood thinning” medications such as Coumadin®, Plavix®, or Aggrenox®.
5. **Diabetics:** Do not take oral diabetic medications the night prior or morning of test. Do not take morning insulin and 1/2 usual dose the evening prior to test.
6. The procedure is performed in University Hospital’s Endoscopy Suite at 750 East Adams Street.
7. The day of the procedure you will be asked to:
 - Remove your shirt or blouse and any tight fitting clothing and put on a hospital gown.
 - Sign an informed consent.
 - Remove dentures or plates.
 - Provide information regarding your medications and any allergies to medications.
 - Remove eyeglasses or contacts.
 - Please bring insurance cards and Photo ID with you to your appointment.
8. An IV will be inserted to inject medications as needed. You will be given Versed, a drug similar to Valium, and/or Fentanyl, a pain reliever before the examination to help you relax. You will not be put to sleep, but will feel relaxed and as comfortable as possible. You will be able to communicate any possible pain or discomfort to the doctors. You may also be given an antibiotic through your IV line as well.

The Esophageal Ultrasound may take up to 30 to 60 minutes. After the procedure, you will be allowed to rest until you are well enough to leave. The physician will discuss findings and recommendations with you and your family before you are discharged. Your own physician will be sent the results of your test.

Any questions, please call University Gastroenterology at (315) 464-5728.

If you need to change or cancel your appointment, please call:

(315) 464-1600 or (315) 464-1616